



PEDIATRIC SCALDS: A Burning Issue

DO

- Set water heater temperature to no higher than 120°F/48°C, or just below the medium setting
- Create a “no kid zone” in the kitchen around stoves, ovens and hot items
- Keep hot drinks/food away from the edge of tables and counters
- Use travel mugs with tight-fitting lids for all hot drinks
- Place pots and pans on the back burner with handles turned away from the edge of the stove

THE FACTS

- ✓ The average annual cost of scald injuries is \$44 million
- ✓ Over 136,000 children were seen in emergency rooms for burn in 2011
- ✓ 1,100 children die each year from fire and burns



DO NOT

- Leave a child unattended in the bathtub; if you must leave, take the child(ren) with you
- Allow young children to adjust the water temperature, and when bathing young children, seat the child away from faucets
- Set anything hot on tablecloths or placemats, as young children can pull them down
- Allow appliance cords (slow-cookers, deep-fryers) to dangle over the counter edge

THE FIX

If a burn injury does happen...

- 1) Cool the burn with COOL (not cold) water to stop the burning process
- 2) Remove any clothing, diapers and jewelry around the injured area
- 3) Cover the area with clean, loose bandages
- 4) Seek medical attention



American Burn Association

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