

POSITION DESCRIPTION

Effective Date: 15 March 1995

Position Title:	Water Exercise Instructor
Department/Division/Section:	Parks and Recreation/Recreation

POSITION FUNCTION

Conduct water exercise classes.

KEY DUTIES

Instruct and participate in water exercise/aerobic classes; provide individual instruction; choreograph movements and plan music for classes; evaluate individual progress and discuss with participants; conduct safety review of class procedures; monitor class to recognize any distress in participants.

Report attendance, injuries and schedule changes to supervisor.

Perform related duties where qualified.

INDEPENDENCE

Work is assigned by supervisor or performed according to established routine.

Work is reviewed through discussion with supervisor.

Issues such as class schedules, equipment purchases and use are referred to supervisor.

WORKING CONDITIONS**Physical Effort:**

Perform strenuous physical exercises. (continuous)

Mental Effort:

Short periods of intense concentration while planning and instructing exercise classes.
(frequent)

Visual/Auditory Effort:

Normal.

Work Environment:

Pool.

Exposure to humidity, germs, noisy environment; walk on slippery deck. (continuous)

KEY SKILLS AND ABILITIES

Organize and prioritize work.

Understand and apply the techniques of water exercise instruction.

Deal with the public in a courteous and tactful manner.

Communicate effectively verbally.

Position No.: 3075

QUALIFICATIONS

Formal Education, Training and Occupational Certification:

High school graduation.
B.C.R.P.A. Fitness Certification

Experience:

Up to 1 year of related experience.

or an equivalent combination of education and experience.

OTHER

Length of time to become familiar with job duties and responsibilities: varied, depending on qualifications.

May be requested to substitute in a more senior position.