



ESQUIMALT  
PARKS + RECREATION

# SUMMER 2024

Summer  
Camp Guide



# PROGRAM REGISTRATION

**Please note:**

Due to the advanced printing of this publication, some information may have changed. For the most up-to-date information on program offerings, please view the online catalogue at: [esquimalt.ca/recreation](http://esquimalt.ca/recreation)

## Which camp can I register my child in?

### 3-5 YRS

Hours: 9:30am-12:00pm

Your child **must be 3 years old** by August 31st, 2024. If your child is 5, turning 6 by December 31st, 2024, Please register them for the next age group.

**Camps:**  
**Preschool**

### 6-7 YRS

Your child must be 6 years old by December 31st, 2024. If your child is 7, turning 8 in 2024, please register them in the next age group.

**Camps:**  
**OSC Voyageurs**  
**SPG Fun Seekers**  
**Specialty Camps 6-7yrs**  
**Contracted Camps**

### 8-11 YRS

Your child must be 8 years old by December 31st, 2024. If your child is 11, turning 12 in 2024, please register them in the next age group.

**Camps:**  
**OSC Buccaneers**  
**SPG Trekkers 8-9yrs**  
**SPG Adventure Kids 9-11yrs**  
**Specialty Camps 8-11yrs**  
**Contracted Camps**

### 12-16 YRS

Your child must be 12 years old by December 31, 2024

**Camps:**  
**Youth Specialty Camps**

### NEW USER?

- Go to [esquimalt.perfectmind.com](http://esquimalt.perfectmind.com) (also find this linked from our website: [esquimalt.ca/recreation](http://esquimalt.ca/recreation))
- Click "create an account" Make the most of your online experience!
- Search the entire catalogue by keyword or phrase.
- When viewing your preferred program area – see the overview description, session dates, times and how many spaces are left for your specific program.
- For more information such as the location of the program or the number of classes in the session, select the "v" to populate additional information.
- By selecting "Register Now", you will learn more about your preferred program and be able to process your registration.
- Select "Register Now" to enrol.
- Have a friend that you think would like to register? SHARE the registration page with them by email or on social media.

### In person & phone in registrations are still available:

- Call 250.412.8500 to register and pay by credit card
- Register in person at the Esquimalt Recreation Centre and pay with cash, debit card, or credit card.

### Program Withdrawals & Refunds

Full refunds are permitted up to three working days prior to the start of most programs.

Courses requiring additional supplies, (i.e. advanced aquatic courses, art programs) require one full week notice.

Refunds will be issued, less program supply cost. Your registration confirmation will indicate if more than three days notice is required.

Withdrawals from Out of School Care & Creative Play programs require one month advanced written notice for full refund. See reception for details. **Additional Information:**

#### NSF Fee

There is a \$20.00 charge on all returned (NSF) payments.

#### Passes & Memberships

- \$2 replacement fee for lost cards
- Pass cancellation fee is \$25.00. Regional Pass sales are final. Passes are not transferable.
- \$5 replacement fee for LIFE & Regional passes.

# PRESCHOOL SUMMER CAMPS

3 – 5 YEARS

## Crafty Kids

Let your little one explore their creativity, paint, cut and mold their wonderful imaginations! Each morning will have a new art project along with games, stories, outside time, and so much more!

Mon-Fri		9:30am-12:00pm
Jul 08-Jul 12	44159	\$85/5
Mon-Fri		9:30am-12:00pm
Jul 29-Aug 02	44177	\$85/5

LOCATION: ESQ REC, PIONEER A ROOM

3 – 5 YEARS

## Nature Adventure

Woah, look at that cool bug! Spend the morning playing at Saxe Point Park with our preschool leaders! Look for animals who call Saxe Point their home, explore the beach and the forest, and play some games along the way. Each day will consist of adventures in nature, games, arts and crafts, songs, and stories.

Mon-Fri		9:30am-12:00pm
Jul 8-Jul 12	44161	\$85/5
Tue-Fri		9:30am-12:00pm
Aug 6-Aug 9	44180	\$68/4
Mon-Fri		9:30am-12:00pm
Aug 19-Aug 23	44186	\$85/5

LOCATION: SAXE POINT PARK

3 – 5 YEARS

## Creative Chefs

Yummy in my tummy! Spend the morning with our preschool leaders as they explore the wonderful world of food. Your little one will work on basic skills like counting out ingredients, learning new words, trying new foods, and exploring their senses. Each day will consist of food projects, art projects, games, songs, and exploring.

Mon-Fri		9:30am-12:00pm
Jul 15-Jul 19	44162	\$85/5
Tue-Fri		9:30am-12:00pm
Aug 6-Aug 9	44182	\$68/4

LOCATION: ESQ REC, PIONEER A ROOM

**Please note:**  
Children **MUST** be fully potty trained to attend camp.

3 – 5 YEARS

## Little Champions

We are the champions! Spend the week learning and participating in a variety of age-appropriate sport and physical literacy activities. This camp includes theme related art activities, story time and much more. Each camper will receive a medal at the end of the week to celebrate their awesome efforts!

Mon-Fri		9:30am-12:00pm
Jul 15-Jul 19	44175	\$85/5

LOCATION: ESQ REC, BULLEN FIELD

3 – 5 YEARS

## Funky Footprints

Funky town! This camp is all about exploring movement! Preschoolers will participate in creative movement activities, crafts and much more. Spend the week learning new skills and making new friends. Bring your favourite songs to share with the group!

Mon-Fri		9:30am-12:00pm
Jul 22-Jul 26	44174	\$85/5

LOCATION: ESQ REC, BULLEN FIELD

3 – 5 YEARS

## Inventive Minds

Does your child demonstrate an endless curiosity for the world around them? This camp will introduce the very basics of STEM activities as your child will participate in hands-on experiments and learn the science behind what makes the world work. This camp will also include your favourite camp activities including songs, games and trips to local parks!

Mon-Fri		9:30am-12:00pm
Jul 22-Jul 26	44160	\$85/5
Mon-Fri		9:30am-12:00pm
Aug 12-16	44184	\$85/5

LOCATION: ESQ REC, PIONEER A ROOM

3 – 5 YEARS

## Ocean Explorers

Let your little one explore the ocean! This outdoor camp is based out of Saxe Point Park. Campers will explore the beaches, participate in ocean themed art projects, games, stories and so much more!

Mon-Fri		9:30am-12:00pm
Jul 29-Aug 2	44179	\$85/5

LOCATION: SAXE POINT PARK

3 – 5 YEARS

## Sunny Day Safari

Does your little preschooler love the sunshine and adventurous exploration? Join us in this fun and active summer camp where your preschooler will enjoy playing different games, arts and crafts and out trips to local parks.

Mon-Fri		9:30am-12:00pm
Aug 12-Aug 16	44183	\$85/5

LOCATION: ESQ REC, BULLEN FIELD

3 – 5 YEARS

## Intro to Preschool

Wondering if your child is ready for Preschool in the fall? During this week of camps children will participate in many activities that occur in our school year preschool program. With the help of our amazing preschool instructors, children will learn through art, games, music, stories and much more! Registration in our preschool program is not required to participate in this camp.

Mon-Fri		9:30am-12:00pm
Aug 19-Aug 23	44185	\$85/5

LOCATION: ESQ REC, PIONEER A ROOM

3 – 4 YEARS

## Soccertron Tots Camp

Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic professionally trained coaches focus on motivating kids and developing strong fundamental skills. FUN is the most important part of soccer FUNDamentals.

Mon-Fri		9:30-10:30am
Jul 8-Jul 12	44535	\$75/5
Tue-Fri		9:30-10:30am
Aug 6-Aug 9	45000	\$60/4

LOCATION: ESQ REC, BULLEN FIELD

4 – 5 YEARS

## Soccertron Tots Camp

Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic professionally trained coaches focus on motivating kids and developing strong fundamental skills. FUN is the most important part of soccer FUNDamentals.

Mon-Fri		10:45-11:45am
Jul 08-Jul 12	44536	\$75/5
Tue-Fri		10:45-11:45am
Aug 06-Aug 09	45001	\$60/4

LOCATION: ESQ REC, BULLEN FIELD

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
	*JULY 2-5 (4-day week)	JULY 8-12	JULY 15-19	JULY 22-26
<b>PRESCHOOL</b> <b>3-5YRS</b> (must be toilet trained; *3 yrs. by August 31, 2023)	No Camp	<b>Nature Adventure</b> 9:30am-12:00pm SAXE POINT PARK	<b>Little Champions</b> 9:30am-12:00pm BULLEN PARK	<b>Funky Footprints</b> 9:30am-12:00pm BULLEN PARK
	No Camp	<b>Crafty Kids</b> 9:30am-12:00pm KANAKA	<b>Creative Chefs</b> 9:30am-12:00pm PIONEER A	<b>Inventive Minds</b> 9:30am-12:00pm PIONEER A
		<b>Soccertron</b> 3-4yrs 9:30-10:30am 4-5yrs 10:45-11:45am BULLEN FIELD		
<b>CHILDREN</b> (Completed Kindergarten to 12yrs)	<b>Voyageurs 6-8yrs</b> <b>Buccaneers 9-11yrs</b>	<b>OSC Licensed Summer Camps</b> 6:30am-6:00pm ESQ REC CENTRE, PIONEER B/CONSTANCE COVE		
	<b>Fun Seekers 6-7yrs</b> <b>Trekkers 8-9yrs</b> <b>Adventure Kids 9-11yrs</b>	<b>Summer Playgrounds (SPG)</b> 9:00am-4:00pm BULLEN FIELD		
		<b>Extended Care 6-11yrs</b> 7:00-9:00am & 4:00-5:30pm ESQ REC CENTRE, SENIOR CENTRE ROOM *ONLY FOR SPG AND SPECIALTY CAMPS*		
<b>SPECIALTY CAMPS</b> <b>6-7 YRS</b>	<b>Mission Impossible</b> 9:00am-4:00pm SC ARENA	<b>Art Quest</b> 9:00am-4:00pm LOWER MULTIPURPOSE	<b>Mystic &amp; Magic</b> 9:00am-4:00pm SC ARENA	<b>Rhythm &amp; Movement</b> 9:00am-4:00pm SC ARENA
<b>SPECIALTY CAMPS</b> <b>8-11 YRS</b>	<b>Mission Impossible</b> 9:00am-4:00pm SC ARENA	<b>Rhythm &amp; Movement</b> 9:00am-4:00pm SC ARENA	<b>Art Quest</b> 9:00am-4:00pm LOWER MULTIPURPOSE	<b>Future Foodies</b> 9:00am-4:00pm LOWER MULTIPURPOSE
<b>CONTRACT SPECIALTY</b> <b>CAMPS (9:00am-4:00pm)</b>	<b>Engineering for Kids (EFK)</b> NO CAMP WEEK 1	<b>EFK: Jr. Pirate Academy</b> 5-7 yrs LOUNGE	<b>EFK: World Games</b> <b>Robotics with LEGO EV3</b> 8-12 yrs LOUNGE	<b>EFK: Dungeons &amp; Dragons – The Voyage of the Electric Odyssey</b> 8-12 yrs LOUNGE
	<b>FILM CAMP IN A BOX</b> <b>Hollywood Filmmaking</b> 9-14 yrs KANAKA		<b>FILM CAMP IN A BOX</b> <b>LEGO &amp; Claymation</b> <b>Movie Production</b> 8-12 yrs KANAKA	
	<b>Stone Soup Studio</b> <b>Stich Lab Half Day</b> 9-14 yrs SENIOR CENTRE			<b>Stone Soup Studio</b> <b>Stich Lab Half Day</b> 9-14 yrs SENIOR CENTRE
		<b>Soccertron</b> 7-14 yrs Full Day & Half Day BULLEN FIELD		
	<b>LITTLUNIVERSE: LEGO</b> <b>Robotics &amp; Science –</b> <b>Race Car Edition</b> JULY 4-7 • 9-14 yrs ATRIUM CONVERTIBLE	<b>LITTLUNIVERSE: LEGO</b> <b>Robotics &amp; Science –</b> <b>Battlebots Edition</b> 6-9 yrs ATRIUM CONVERTIBLE	<b>LITTLUNIVERSE: LEGO</b> <b>Robotics &amp; Science –</b> <b>Beyblade Edition</b> 6-9 yrs ATRIUM CONVERTIBLE	<b>LITTLUNIVERSE: LEGO</b> <b>Robotics &amp; Science –</b> <b>Theme Park Edition</b> 5-9 yrs ATRIUM CONVERTIBLE
			<b>PowHer Minis</b> <b>Fancy Footwork Week</b> 9-12 yrs BULLEN FIELD	<b>PowHer Minis</b> <b>Jumping Week</b> 9-12 yrs BULLEN FIELD
<b>YOUTH SPECIALTY CAMPS</b> <b>12-15 yrs</b>	<b>Esquimalt Youth Training Program</b> 9:00am-4:00pm LOWER MULTIPURPOSE	<b>LGBTQ2SIA+ &amp; Allies</b> 12:00-4:00pm FERNHILL	<b>Urban Jungle</b> 12:00-4:00pm FERNHILL	<b>The Edge Adventure</b> 9:00am-4:00pm FERNHILL
			<b>PowHer Training Academy</b> <b>Intro to High</b> <b>Performance Training</b> 13-16 yrs BULLEN FIELD	<b>PowHer Training Academy</b> <b>Speed &amp; Agility</b> 13-16 yrs BULLEN FIELD



WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9
JULY 29-AUGUST 2	*AUGUST 6-9 (4-day week)	AUGUST 12-16	AUGUST 19-23	AUGUST 26-30
<b>Ocean Explorers</b> 9:30am-12:00pm SAXE POINT PARK	<b>Nature Adventure</b> 9:30am-12:00pm SAXE POINT PARK	<b>Sunny Day Safari</b> 9:30am-12:00pm BULLEN PARK	<b>Nature Adventure</b> 9:30am-12:00pm SAXE POINT PARK	No Camp
<b>Crafty Kids</b> 9:30am-12:00pm PIONEER A	<b>Creative Chefs</b> 9:30am-12:00pm PIONEER A	<b>Inventive Minds</b> 9:30am-12:00pm PIONEER A	<b>Intro to Preschool</b> 9:30am-12:00pm PIONEER A	No Camp
	<b>Soccertron</b> 3-4yrs 9:30-10:30am 4-5yrs 10:45-11:45am BULLEN FIELD			
<b>Voyageurs 6-8yrs</b> <b>Buccaneers 9-11yrs</b>	<b>OSC Licensed Summer Camps</b> 6:30am-6:00pm ESQ REC CENTRE, PIONEER B/CONSTANCE COVE			
<b>Fun Seekers 6-7yrs</b> <b>Trekkers 8-9yrs</b> <b>Adventure Kids 9-11yrs</b>	<b>Summer Playgrounds (SPG)</b> 9:00am-4:00pm BULLEN FIELD			
<b>Extended Care 6-11yrs</b> 7:00-9:00am & 4:00-5:30pm ESQ REC CENTRE, SENIOR CENTRE ROOM *ONLY FOR SPG AND SPECIALTY CAMPS*				
<b>Esquimalt's Got Talent</b> 9:00am-4:00pm SC ARENA	<b>Future Foodies</b> 9:00am-4:00pm (*4 day week) LOWER MULTIPURPOSE	<b>Art Quest</b> 9:00am-4:00pm LOWER MULTIPURPOSE	<b>Nature Rangers</b> 9:00am-4:00pm SC ARENA	<b>Wet n' Wild</b> 9:00am-4:00pm SC ARENA
<b>Esquimalt's Got Talent</b> 9:00am-4:00pm SC ARENA	<b>Mystic &amp; Magic</b> 9:00am-4:00pm (*4 day week) SC CURLING	<b>Nature Rangers</b> 9:00am-4:00pm SC ARENA	<b>Future Foodies</b> 9:00am-4:00pm LOWER MULTIPURPOSE	<b>Wet n' Wild</b> 9:00am-4:00pm SC ARENA
<b>EFK: The Art of Engineering</b> 8-12 yrs LOUNGE	<b>EFK: Minecraft – Amusement Park</b> 8-12 yrs LOUNGE	<b>EFK: The Art of Engineering Minecraft – Medieval Redstone</b> 8-12 yrs LOUNGE	<b>EFK: Jr Minecraft – Medieval Times</b> 8-12 yrs LOUNGE	<b>EFK: Jr Minecraft – Travelling into the Future</b> 8-12 yrs LOUNGE
<b>FILM CAMP IN A BOX Hollywood Filmmaking</b> 9-14 yrs KANAKA	<b>FILM CAMP IN A BOX LEGO &amp; Claymation Movie Production</b> 8-12 yrs ATRIUM CONVERTIBLE	<b>FILM CAMP IN A BOX Music Video Production</b> 9-14 yrs ATRIUM CONVERTIBLE	<b>FILM CAMP IN A BOX LEGO &amp; Claymation Movie Production</b> 8-12 yrs ATRIUM CONVERTIBLE	
	<b>Byte Camp: 3D Animation</b> 11-14 yrs KANAKA	<b>Byte Camp: Introduction to Coding</b> 9-12 yrs KANAKA		<b>Byte Camp: 2D Animation on Tablet</b> 9-12 yrs KANAKA
	<b>Soccertron</b> 7-14 yrs Full Day & Half Day BULLEN FIELD	<b>Helix Ultimate Frisbee Full Day Camp</b> 10-14yrs BULLEN FIELD		
		<b>PowHer Minis Speed Week</b> 9-12 yrs BULLEN FIELD	<b>PowHer Minis Teamwork Week</b> 9-12 yrs BULLEN FIELD	<b>PowHer Minis Balance and Coordination</b> 9-12 yrs BULLEN FIELD
<b>Youth Art Studio</b> 12:00-4:00pm LOWER MULTIPURPOSE	<b>Junior Lifeguarding Camp</b> 12:00-4:00pm FERNHILL	<b>Urban Jungle</b> 12:00-4:00pm FERNHILL	<b>The Edge Adventure</b> 12:00-4:00pm FERNHILL	<b>Camp 4 Foodies</b> 12:00-4:00pm LOWER MULTIPURPOSE
		<b>PowHer Training Academy Mobility and Biomechanics</b> 13-16 yrs BULLEN FIELD	<b>PowHer Training Academy Endurance</b> 13-16 yrs BULLEN FIELD	<b>PowHer Training Academy Speed &amp; Agility</b> 13-16 yrs BULLEN FIELD



## SUMMER CAMPS



Register early to avoid disappointment.

View availability & register online:  
[esquimalt.ca/recreation](http://esquimalt.ca/recreation)

CONNECT WITH US ON  
 FACEBOOK, TWITTER &  
 INSTAGRAM!

SEARCH: ESQUIMALT  
 PARKS & RECREATION

### Licensed OSC Camps

Join us for weekly themed activities in our Licensed Out of School Care (OSC) summer camps. Children will be able to enjoy a variety of activities including swimming 1 day per week, crafts, field games and visits to local parks!

**Flexible hours:** drop off between 6:30-9am and pick-up between 3:30-6:00pm.

Affordable Childcare Benefit accepted for Licensed Buccaneer/Voyageur Camps.

#### 6 – 7 YEARS

##### OSC Voyageurs

Voyageur campers must have already completed Kindergarten.

Tues-Fri		6:30am-6:00pm
July 2-5	44091	\$172.00/4
Mon-Fri		6:30am-6:00pm
July 8-12	44092	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 15-19	44093	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 22-26	44094	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 29-Aug 2	44095	\$215.00/5
Tues-Fri		6:30am-6:00pm
Aug 06-09	44096	\$172.00/4
Mon-Fri		6:30am-6:00pm
Aug 12-16	44097	\$215.00/5
Mon-Fri		6:30am-6:00pm
Aug 19-23	44098	\$215.00/5
Mon-Fri		6:30am-6:00pm
Aug 26-30	44099	\$215.00/5

LOCATION: ESQ REC, PIONEER B ROOM

#### 8 – 11 YEARS

##### OSC Buccaneers

Voyageur campers must have already completed Kindergarten.

**ONLINE registration closes on Saturdays before the start date at 1:00am. Please contact reception at 250-412-8500 if you would like to register after that time.**

Tues-Fri		6:30am-6:00pm
July 2-5	44080	\$172.00/4
Mon-Fri		6:30am-6:00pm
July 8-12	44083	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 15-19	44084	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 22-26	44085	\$215.00/5
Mon-Fri		6:30am-6:00pm
July 29-Aug 2	44086	\$215.00/5
Tues-Fri		6:30am-6:00pm
Aug 6-9	44087	\$172.00/4
Mon-Fri		6:30am-6:00pm
Aug 12-16	44088	\$215.00/5
Mon-Fri		6:30am-6:00pm
Aug 19-23	44089	\$215.00/5
Mon-Fri		6:30am-6:00pm
Aug 26-30	44090	\$215.00/5

LOCATION: ESQ REC, CONSTANCE COVE ROOM

# Summer Playground (SPG) Camps

Come and join the outdoor Summer Playgrounds (SPG) Camps for 9 weeks of themed fun! All SPG camps include field games, walks to local parks and playgrounds, swimming 1 day per week and crafts. Camps sign-in and sign-out is located on Bullen field, adjacent to the Archie Browning Sport Centre parking lot.

- **Fun Seekers** must have completed Kindergarten or Grade 1.
- **Trekkers** must have completed Grade 2 or Grade 3.
- **Adventure Kids** must have completed Grade 4, Grade 5.

If you require care outside the camp hours (9am-4pm) then you can register your child in the AM extended care which runs 7:00-9:00am and/or PM extended care which runs 4:00-5:30pm. See the extended care courses for more information.

## 6 – 7 YEARS

### SPG Funseekers

Tues-Fri		9:00am-4:00pm
July 02-05	44103	\$100.00/4
Mon-Fri		9:00am-4:00pm
July 08-12	44104	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 15-19	44105	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 22-26	44106	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 29-Aug 2	44107	\$125.00/5
Tues-Fri		9:00am-4:00pm
Aug 06-09	44108	\$100.00/4
Mon-Fri		9:00am-4:00pm
Aug 12-16	44110	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 19-23	44111	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 26-30	44112	\$125.00/5

LOCATION: PARKS, BULLEN FIELD

## 8 – 9 YEARS

### SPG Trekkers

Tues-Fri		9:00am-4:00pm
July 2-5	44113	\$100.00/4
Mon-Fri		9:00am-4:00pm
July 8-12	44114	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 15-19	44115	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 22-26	44116	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 29-Aug 2	44117	\$125.00/5
Tues-Fri		9:00am-4:00pm
Aug 6-9	44118	\$100.00/4
Mon-Fri		9:00am-4:00pm
Aug 12-16	44119	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 19-23	44120	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 26-30	44122	\$125.00/5

LOCATION: PARKS, BULLEN FIELD

## 9-11YRS

### SPG Adventure Kids

Tues-Fri		9:00am-4:00pm
July 2-5	44123	\$100.00/4
Mon-Fri		9:00am-4:00pm
July 8-12	44129	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 15-19	44130	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 22-26	44131	\$125.00/5
Mon-Fri		9:00am-4:00pm
July 29-Aug 2	44132	\$125.00/5
Tues-Fri		9:00am-4:00pm
Aug 6-9	44133	\$100.00/4
Mon-Fri		9:00am-4:00pm
Aug 12-16	44134	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 19-23	44135	\$125.00/5
Mon-Fri		9:00am-4:00pm
Aug 26-30	44136	\$125.00/5

LOCATION: PARKS, BULLEN FIELD



# Extended Care Program

## 6 – 11 YEARS

### AM Extended Care

Enjoy greater flexibility with the before and after camp Extended Care program. Staff will drop-off your child(ren) from their camps. Children will enjoy active games, board games, cards, reading, or colouring with our experienced childcare staff.

Extended morning care is available from 7:00am to 9:00am at the Archie Browning Sport Centre (Curling Arena)

Mon-Fri	7:00am-9:00am
Week 1: 03/07/23-07/07/23	36882 \$40.00
Week 2: 10/07/23-14/07/23	36883 \$40.00
Week 3: 17/07/23-21/07/23	36886 \$40.00
Week 4: 24/07/23-28/07/23	36887 \$40.00
Week 5: 31/07/23-04/08/23	36889 \$40.00
Week 6: 08/08/23-11/08/23	36890 \$40.00
Week 7: 14/08/23-18/08/23	36891 \$40.00
Week 8: 21/08/23-25/08/23	36892 \$40.00
Week 9: 28/08/23-01/09/23	36893 \$40.00

LOCATION: CURLING ARENA

\*Only for Playgrounds & Specialty Camp Participants

## 6 – 11 YEARS

### PM Extended Care

Enjoy greater flexibility with the after camp Extended Care program. Staff will drop-off your child(ren) from their camps. Children will enjoy active games, board games, cards, reading, or colouring with our experienced childcare staff.

PM Extended Care is available from 4:00-5:30pm at the Archie Browning Sport Centre (Curling Arena)

Mon-Fri	4:00pm-5:30pm
Week 1: 03/07/23-07/07/23	36894 \$35.00
Week 2: 10/07/23-14/07/23	36895 \$35.00
Week 3: 17/07/23-21/07/23	36896 \$35.00
Week 4: 24/07/23-28/07/23	36897 \$35.00
Week 5: 31/07/23-04/08/23	36898 \$35.00
Week 6: 08/08/23-11/08/23	36899 \$35.00
Week 7: 14/08/23-18/08/23	36900 \$35.00
Week 8: 21/08/23-25/08/23	36901 \$35.00
Week 9: 28/08/23-01/09/23	36902 \$35.00

LOCATION: CURLING ARENA

## Specialty Camps 6-7 YRS

6-7 YEARS

### Mission Impossible

Special Agents needed! Join us for an exciting week of secret spy missions, including creating spy disguises, ID badges, fingerprinting and developing stealth tactics. Spies will use code deciphering, field communications & obstacle courses to prep for their final deployment in a critical mission to earn their spy status certificate. Mission Impossible campers will receive their own spy kit to take home. This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 2-5 44045 \$172.00/4

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6-7 YEARS

### Art Quest

Spend the week exploring your inner artist through many different mediums – painting, sketching, crafting, sculpting, and more! Leaders will guide campers to get creative with both inside and outside activities. Art Quest Campers will also receive their own artist kit to take home. This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 8-12 44047 \$215.00/5

Mon-Fri 9:00am-4:00pm  
Aug 12-16 44418 \$215.00/5

LOCATION: ESQ REC, LOWER MULTIPURPOSE ROOM

6-7 YEARS

### Mystic and Magic

Explore the world of mystic and magic! Campers will make their own wands, potions, cast spells, and explore a variety of mystical creatures like unicorns, dragons, fairies, wizards and more! This camp includes 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 15-19 44048 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6-7 YEARS

### Rhythm and Movement

Move to the beat! Campers will enjoy dancing, singing, and moving their bodies to new music! We will also explore physical literacy movements and yoga! This camp is great for kids that have a lot of energy and want to learn more about finding their rhythm! Campers will enjoy a special guest workshop, 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 22-26 44053 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6-7 YEARS

### Esquimalt's Got Talent

Discover your full potential in Esquimalt's Got Talent Camp! Campers will enjoy a week of fun activities that will build your confidence in an inclusive environment. Campers will get to participate in a variety of activities that include improv and drama games, singing, dancing, acting, and more! This camp includes 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 29-Aug 2 44050 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6-7 YEARS

### Future Foodies

Explore your inner "foodie" and learn how to make delicious recipes to take home! Campers will learn about making healthy choices, cook some delicious foods and even try a few things outside of your comfort zone. We will have a secret ingredient challenge and explore deeper into the culinary world. Dress to get a little messy! This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Tues-Fri 9:00am-4:00pm  
Aug 6-9 44051 \$172.00/4

LOCATION: ESQ REC, LOWER MULTIPURPOSE ROOM



6-7 YEARS

### Nature Rangers

Explore the wonders of the great outdoors at our nature summer camp! Immerse yourself in nature's beauty through exciting activities like wildlife observation, hands-on projects and exploring local parks. Learn outdoor skills and foster a love for the environment in a fun, educational setting. Join us for a memorable summer of adventure and discovery! This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
Aug 19-23 44054 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6-7 YEARS

### Wet n' Wild

Dive into a world of excitement at our Wet n' Wild Summer Camp! Splash into activities from water slides and water parks to water balloon fights and slip and slides. Join us for a wet and wild adventure filled with sunshine and cool water fun! This camp includes 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
Aug 26-30 44049 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA



## Specialty Camps 8-11 YRS

8 – 11 YEARS

### Mission Impossible

Special Agents needed! Join us for an exciting week of secret spy missions, including creating spy disguises, ID badges, fingerprinting and developing stealth tactics. Spies will use code deciphering, field communications & obstacle courses to prep for their final deployment in a critical mission to earn their spy status certificate. Mission Impossible campers will receive their own spy kit to take home. This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Tues-Fri 9:00am-4:00pm  
July 2-5 44420 \$172.00/4

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

8 – 11 YEARS

### Rhythm and Movement

Move to the beat! Campers will enjoy dancing, singing, and moving their bodies to new music! We will also explore physical literacy movements and yoga! This camp is great for kids that have a lot of energy and want to learn more about finding their rhythm! Campers will enjoy a special guest workshop, 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 8-12 44419 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

8 – 11 YEARS

### Art Quest

Spend the week exploring your inner artist through many different mediums – painting, sketching, crafting, sculpting, and more! Leaders will guide campers to get creative with both inside and outside activities. Art Quest Campers will also receive their own artist kit to take home. This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 15-19 44421 \$215.00/5

LOCATION: ESQ REC, LOWER MULTIPURPOSE ROOM

8 – 11 YEARS

### Future Foodies

Explore your inner “foodie” and learn how to make delicious recipes to take home! Campers will learn about making healthy choices, cook some delicious foods and even try a few things outside of your comfort zone. We will have a secret ingredient challenge and explore deeper into the culinary world. Dress to get a little messy! This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 22-26 44422 \$215.00/5  
Mon-Fri 9:00am-4:00pm  
Aug 19-23 44426 \$215.00/5

LOCATION: ESQ REC, LOWER MULTIPURPOSE ROOM

8 – 11 YEARS

### Esquimalt's Got Talent

Discover your full potential in Esquimalt's Got Talent Camp! Campers will enjoy a week of fun activities that will build your confidence in an inclusive environment. Campers will get to participate in a variety of activities that include improv and drama games, singing, dancing, acting, and more! This camp includes 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
July 29-Aug 2 44423 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

6 – 7 YEARS

### Mystic and Magic

Explore the world of mystic and magic! Campers will make their own wands, potions, cast spells, and explore a variety of mystical creatures like unicorns, dragons, fairies, wizards and more! This camp includes 2 days of swimming at the Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
Aug 6-9 44427 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

8 – 11 YEARS

### Nature Rangers

Explore the wonders of the great outdoors at our nature summer camp! Immerse yourself in nature's beauty through exciting activities like wildlife observation, hands-on projects and exploring local parks. Learn outdoor skills and foster a love for the environment in a fun, educational setting. Join us for a memorable summer of adventure and discovery! This camp includes 2 days of swimming at Esquimalt Rec Centre and walking out-trips to local parks.

Mon-Fri 9:00am-4:00pm  
Aug 12-16 44425 \$215.00/5

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

8 – 11 YEARS

### Wet n' Wild

Dive into a world of excitement at our Wet n' Wild Summer Camp! Splash into activities from water slides and water parks to water balloon fights and slip and slides. Join us for a wet and wild adventure filled with sunshine and cool water fun! This camp includes three swim days at the Esquimalt Recreation Centre and daily out trips to local parks..

Tues-Fri 9:00am-4:00pm  
Aug 26-30 44424 \$172.00/4

LOCATION: ARCHIE BROWNING SPORTS CENTRE, ARENA

9 – 14 YEARS

### Stich Lab Half Day Camp

Come design, stitch, make and create during our new Summer StichLab Camp! No experience needed, just bring your own enthusiasm. Supplies and equipment provided. This camp will be an inspiring, creative space to learn sewing and textile art. Starting with Needle-felting; then learning embroidery. Following with time devoted to learning basic sewing skills; then machine sewing skills continue, as you make zipper bags, tote bags or learn heat bond appliqué to embellish your creation. Create your own project!

Tue-Fri 1:00-4:00pm  
Jul 02-Jul 05 44728 \$144/4

Mon-Fri 1:00-4:00pm  
Jul 22-Jul 26 44729 \$180/5

Instructor: J. Scott of Stone Soup Studio.

LOCATION: ESQ REC, SENIOR CENTRE

## Specialty Camps – Contracted Programs

11 – 14 YEARS

### BYTE CAMP – 3D Animation

Dreaming of a career with PIXAR? Ever wonder how those awesome 3D animated movies like Shrek, Toy Story and Frozen are made? Spend the week learning how by modeling, animating and telling your own stories in 3D. You'll use Blender, a wonderful (& free!) 3D software, to design characters that jump off the screen and then make them come alive by adding voices, soundtracks and completing your own animated short film. Final projects are usually group projects with each student contributing a character and a scene.

Tue-Fri 9:00am-4:00pm  
 Aug 06-Aug 09 44006 \$340/4  
 LOCATION: ESQ REC, KANAKA ROOM

9 – 12 YEARS

### BYTE CAMP – Introduction to Coding

Discover how much fun it is to build your own game! Students will be introduced to basic coding skills with Scratch and get to use those skills to make their very own games. Students will learn how to create their own 2D vector artwork to make characters and levels that are entirely their own. The final project is a game that you can access and play or proudly share with friends online.

Mon-Fri 9:00am-4:00pm  
 Aug 12-Aug 16 44287 \$395/5  
 LOCATION: ESQ REC, KANAKA ROOM

9 – 12 YEARS

### BYTE CAMP – 2D Animation on Tablet

Turn your drawing skills into awesome animation skills on our tablets! We'll show you how to make beautiful animations as wild as your imagination. Participants will learn to storyboard and use some advanced animation skills and principles to make their characters really come alive on the screen. Amaze your friends with the story you can draw in just a week!

Mon-Fri 9:00am-4:00pm  
 Aug 26-Aug 30 44288 \$395/5  
 LOCATION: ESQ REC, KANAKA ROOM

9 – 14 YEARS

### Film Camp in A Box: Hollywood Filmmaking Workshop

Fill your week with action, adventure, and a lot of comedy with Film Camp in A Box movie making camp. Mentored by master filmmakers, campers will engage in hands-on exploration of the filmmaking process, including preproduction, production, and postproduction. Working in small crews, they will learn about cinematography, script writing and editing on Final Cut Pro. Campers will then create, act in and edit a short film and movie trailer, adding special effects, music, voices, titles and sound effects. Participants will have the opportunity to use our latest technology, including Mac books, 4K cameras, tripods, boom microphones, green screens, and the use of an aerial drone. Crews will also create their own promotions and advertising links to showcase their short film to the world. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theatre.

Tue-Fri 9:00am-4:00pm  
 Jul 2-Jul 5 44070 \$288/4

LOCATION: ESQ REC, KANAKA ROOM

Mon-Fri 9:00am-4:00pm  
 Jul 15-Jul 19 44072 \$360/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

Mon-Fri 9:00am-4:00pm  
 Aug 19-Aug 23 44077 \$360/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM



8 – 12 YEARS

### Film Camp in A Box: LEGO Animation & Claymation Movie Production

Fill your week with action, adventure, and a lot of comedy with Film Camp in A Box LEGO and Claymation camp. Mentored by master filmmakers, campers will engage in hands-on exploration of the stop motion animation process, including preproduction, production, and postproduction. Working in small crews, they will learn about stop motion animation, set design, script writing and editing. Campers will then create their own stop motion animation and edit a short film and movie trailer, complete with sound effects, music, voice, sound effects and special effects. Movies will be presented at our red carpet, popcorn film festival and archived on our digital theater.

Mon-Fri 9:00am-4:00pm  
 Jul 15-Jul 19 44072 \$360/5

Tue-Fri 9:00am-4:00pm  
 Aug 6-Aug 9 44825 \$288/4

LOCATION: ESQ REC, KANAKA ROOM

### Film Camp in A Box: Music Video Production

Rock and roll all night and every day at our Music Video Production in a Box workshop. Mentored by master filmmakers, campers will engage in hands on exploration of the music video production process, including preproduction, production, and postproduction. Working collaboratively in small crews, they will learn about cinematography specific to music videos and advanced editing techniques. Using an existing pop culture song, campers will listen to the lyrics, learn them, and create a story, encapsulating the theme of the lyrics. They will then act in and edit their full music video. Each film crew will use a Macbook, Final Cut Pro, an HD camera, tripod, and green screen under the guidance of their own filmmaker. Family and friends will join us at the Film Camp in a Box Red Carpet Film Festival at the end of the week to enjoy blockbusters and, of course, some popcorn. Content will be posted on the Film Camp in a Box Theatre Page.

Mon-Fri 9:00am-4:00pm  
 Aug 12-Aug 16 44076 \$360/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

## ENGINEERING FOR KIDS CAMPS (EFK)

Engineering For Kids strives to provide children up to the age of 14 with STEM enrichment programs through a variety of camps that engage them in hands-on and team-based activities.

5 – 7 YEARS

### EFK: Jr Pirate Academy

Ahoy matey! You're invited to join our crew as we sail the seven seas in search of buried treasure. We'll start by building a pirate ship to load up with cargo, then set off to fish for buried treasure, and unlock the secrets of the deep! Arrr ye ready to sail the high seas with us?

Mon-Fri 9:00am-4:00pm  
Jul 08-Jul 12 44261 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

8 – 12 YEARS

### EFK: World Games Robotics with LEGO EV3

Take your love for games and robotics to the next level! Using our LEGO EV3 Mindstorm kits, students will design and build a robot to compete in the World Robotic Games. Learn how to code and control your robot with the Scratch-based coding environment, EV3 Classroom, while participating in friendly competition with other robots. We hope to see you at the opening ceremony!

Mon-Fri 9:00am-4:00pm  
Jul 15-Jul 19 44292 \$350/5

8 – 12 YEARS

### EFK: Dungeons & Dragons - The Voyage of the Electric Odyssey

Without a home and in need of help, our engineers find themselves in the employment of eccentric inventor, Dr. Thaddeus Jenkins XIII. Tasked with rebuilding the Electric Odyssey, a mighty airship, players find themselves caught up in a fierce rivalry between two inventors intent on ruling the skies. Creativity and imagination will prove invaluable as students set out on.

Mon-Fri 9:00am-4:00pm  
Jul 22-Jul 26 44295 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

8 – 12 YEARS

### EFK: The Art of Engineering

Can't decide between an art camp and an engineering camp? In the Art of Engineering, you'll explore engineering disciplines like electrical, aerospace, chemistry, and more through creative art projects. We'll build scribble bots, mix our own invisible ink, explore 3D design with our 3Doodler pens, and much more!

Mon-Fri 9:00am-4:00pm  
Jul 29-Aug 2 44296 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

8 – 12 YEARS

### EFK: Minecraft – Amusement Park

Come one! Come all to the wonderful world of fun and amusement! Students will work in teams to design and build their very own Minecraft amusement park from the ground up. Instructors will lead daily tutorials on how to turn Minecraft resources into fun rides and games. Teams will then work together to incorporate these ideas into their own amusement parks. From minecart rollercoasters, to foodcourts and fun houses, what will be your park's main attraction? Half the day will also be spent doing hands-on building projects and outside fun and games!

Tue-Fri 9:00am-4:00pm  
Aug 6-Aug 9 44297 \$280/4  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE



Register early to avoid disappointment.  
View availability & register online:  
[esquimalt.ca/recreation](http://esquimalt.ca/recreation)

8 – 12 YEARS

### EFK: Medieval Redstone

Defend your castle against the mobs! With the power of Redstone, students will work in teams to design and build a castle to protect themselves from the dangerous mobs of Minecraft. Each day consists of Redstone tutorials and team challenges in our custom Minecraft worlds. Learn how to make secret doors, Redstone traps, and even a TNT cannon, all while building teamwork and resource management skills! Half of the day will also be spent doing hands-on building projects and outside fun and games!

Mon-Fri 9:00am-4:00pm  
Aug 12-Aug 15 44298 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

6 – 8 YEARS

### EFK: Jr. Minecraft - Medieval Times

Explore medieval times in the wonderful world of Minecraft! Students will work in teams to build castles, create farms, raise livestock, and create their very own medieval community. Half the day will also be spent doing hands-on medieval-themed engineering projects and playing fun outdoor games!

Mon-Fri 9:00am-4:00pm  
Aug 19-Aug 23 44299 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

6 – 8 YEARS

### EFK: Jr. Minecraft - Travelling into the Future

You awaken to find yourself in the future... but the world has changed! Our junior engineers will battle rising sea levels and severe droughts, while learning the basics of Minecraft. Each day, students will work in teams to complete missions that challenge their creativity and problem-solving skills. Finally, teams will work together to design and build a new home on the Moon! Half of the day will also be spent doing hands-on building projects and outside fun and games!

Mon-Fri 9:00am-4:00pm  
Aug 26-Aug 30 44300 \$350/5  
LOCATION: ARCHIE BROWNING SPORT CENTRE, UPSTAIRS LOUNGE

## Specialty Camps – Contracted Programs

9 – 14 YEARS

### LITTLUNIVERSE: LEGO Robotics (Mindstorm EV3) & Science!

Let's get ready to rumble! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's MINDSTORMS EV3 sets and software. No experience? No worries! Learn the basics of coding on day one! Choose from a huge library of awesome builds! At the end of the week teams will build and program Battlebots for a fun tournament! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, boardgames, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Tue-Fri 9:00am-4:00pm  
Jul 02-Jul 05 44263 \$320/4

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

6 – 9 YEARS

### LITTLUNIVERSE: LEGO Robotics & Science – Battlebots Edition!

Let's get ready to rumble! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's WEDO 2.0 sets and software. No experience? No worries! Learn the basics of coding on day one! Choose from 150+ awesome builds, from easy to difficult! On Friday teams will build and program Battlebots for a fun tournament! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Mon-Fri 9:00am-4:00pm  
Jul 8-Jul 12 44264 \$385/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

6 – 9 YEARS

### LITTLUNIVERSE: LEGO Robotics & Science – Beyblade Edition!

3, 2, 1 GO! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's WEDO 2.0 sets and software. No experience? No worries! Learn the basics of coding on day one! Choose from 150+ awesome builds, from easy to difficult! On Friday teams will build and program Beyblades for a fun tournament! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Mon-Fri 9:00am-4:00pm  
Jul 15-Jul 19 44265 \$385/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

6 – 9 YEARS

### LITTLUNIVERSE: LEGO Robotics & Science – Theme Park Edition!

Tickets Please! Join our LITTLUNIVERSE for an exciting week of LEGO, CODING and SCIENCE! With a teammate, dive into the world of engineering using LEGO's Spike Essential sets and software. No experience? No worries! Learn the basics of coding on day one! Choose from a library of awesome builds, from easy to difficult! On Friday teams will build and program one HUGE Theme Park by combining all our sets! Take home a science experiment everyday! There's something for everyone with plenty of indoor and outdoor activities. We also have game consoles, air hockey, foosball, arts/crafts, board games, and MORE! Participants will get their own LITTLUNIVERSE camp t-shirt!

Mon-Fri 9:00am-4:00pm  
Jul 22-Jul 26 44267 \$385/5

LOCATION: ESQ REC, ATRIUM CONVERTIBLE ROOM

### Soccertron

Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic professionally trained coaches focus on motivating kids and developing strong fundamental skills. FUN is the most important part of soccer FUNdamentals.

#### Full Day Camp - 7-14 YEARS

Mon-Fri 9:00am-4:00pm  
Jul 8-12 44395 \$250/5  
Tue-Fri 9:00am-4:00pm  
Aug 6-9 44471 \$200/4

#### Half Day Camp - 6 – 9 years

Mon-Fri 9:00am-4:00pm  
Jul 8-Jul 12 44396 \$150/5  
Tue-Fri 9:00am-4:00pm  
Aug 6-Aug 9 44494 \$120/4

#### Half Day Camp - 10 – 14 years

Mon-Fri 9:00am-4:00pm  
Jul 8-12 44397 \$150/5  
Tue-Fri 9:00am-4:00pm  
Aug 6-9 44495 \$120/4

LOCATION: ESQ REC, BULLEN FIELD

### Eli Pasquale Basketball Camp

Eli Pasquale Basketball has been the leader in kids basketball for the greater Victoria area since 1984. Enthusiastic coaches focus on developing strong fundamentals in a positive environment. FUN is the first goal of sport and the main part of what we provide.

#### Full Day Camp (8-14YRS)

Mon-Fri 9:00am-4:00pm  
Jul 29-Aug 2 44543 \$250/5

#### Half Day Morning Camp (6-9YRS)

Mon-Fri 9:00am-12:00pm  
Jul 29-Aug 2 44664 \$150/5

#### Half Day Afternoon Camp (10-14YRS)

Mon-Fri 1:00-4:00pm  
Jul 29-Aug 2 44665 \$150/5

LOCATION: L'ECOLE VICTOR BRODEUR, GYM

**CONNECT WITH US ON  
FACEBOOK, TWITTER  
& INSTAGRAM!**

**SEARCH: ESQUIMALT  
PARKS & RECREATION**



9 – 12 YEARS

## NEW! POWHER PERFORMANCE CAMPS

PowHer Performance is a youth girls training program designed to help develop and retain female youth athletes ages 9-16yrs in sport. Coaches will mix standard training practices with fun games like tag, capture the flag, obstacle courses, hopscotch challenges and more! PowHer Performance female coaches provide a welcoming and nurturing environment while focusing on creating a sense of belonging and confidence in the athletes they work with. PowHer Mini camps will focus on fundamental body movements, proper biomechanics, speed, agility, coordination, strength, plyometrics and sport specific training.

### PowHer Mini's - Fancy Footwork Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises, and games that will help them work on their footwork! The week will be focused on fast feet, change of direction, and stop and go movements to help improve overall body movement and agility.

Mon-Fri 9:00am-4:00pm  
 Jul 15-Jul 19 45009 \$225/5  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Mini's Teamwork Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their teamwork abilities! This week campers will learn about anticipating movements of others and how to work together in an athletic/ sports environment. Campers will play teambuilding games that will allow them to build strong communication skills and demonstrate good sportsmanship for on and off the field.

Mon-Fri 9:00am-4:00pm  
 Aug 19-Aug 23 45329 \$225/5  
 LOCATION: ESQ REC, BULLEN FIELD

### Helix Ultimate Frisbee Camps

Come have FUN playing Ultimate Frisbee with Helix Ultimate! Through small-sided games and activities, our program focuses on skill development with an emphasis on teamwork and fair-play. Campers will have the chance to work on throwing, catching, and movement skills in this fun-first environment. All campers will receive a disc (Frisbee) as part of the program.

#### Half Day Camp (10-14YRS)

Mon-Fri 9:00am-12:00pm  
 Aug 12-16 44987 \$140/5

LOCATION: ESQ REC, BULLEN FIELD

#### Full Day Camp (9-14YRS)

Mon-Fri 9:00am-4:00pm  
 Aug 12-16 44666 \$275/5

LOCATION: ESQ REC, BULLEN FIELD

### PowHer Mini's – Jumping Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their skipping, hopping, and jumping abilities! This week campers will be focusing on improving the length and height of their jumps and learning how to take off and land properly in a variety of different jumps!

Mon-Fri 9:00am-4:00pm  
 Jul 22-Jul 26 45010 \$225/5  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Mini's – Balance and Coordination Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their balance and coordination! This week campers will practice proper balance and coordination techniques in a variety of fun movements! Campers will also get to do fun challenges throughout the week which will allow them to track their progress.

Mon-Fri 9:00am-4:00pm  
 Aug 26-Aug 30 45012 \$225/5  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Mini's – Speed Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their skipping, hopping, and jumping abilities! This week campers will learn how to use agility ladders, speed parachutes and speed tests to improve their speed throughout the week!

Mon-Fri 9:00am-4:00pm  
 Aug 12-Aug 16 45011 \$225/5  
 LOCATION: ESQ REC, BULLEN FIELD

# 14 SUMMER CAMPS

## Specialty Camps 12-16 YRS

12 – 15 YEARS

### Esquimalt Youth Training Program

Have you ever wanted to work at the Esquimalt Rec Centre? The Youth Training Program provides opportunities to develop skills in customer service, public speaking, behavior management, and extensive game and craft training. Learn to become the kind of leader you fondly remember from your younger days and help us provide a FUN experience to our patrons this summer! Graduates of the program will be required to spend an additional 2 weeks of the summer volunteering in our programs (across many department areas including camps, aquatics, and special events) to gain hands on experience and learn from our excellent team members! Don't miss this unique opportunity to join our team and develop employable skills for the future!

Mon-Fri 9:00am-4:00pm  
 Jul 2-Jul 5 44713 \$150

LOCATION: ERC-LOWER MULTIPURPOSE ROOM

12 – 15 YEARS

### LGBTQ2SIA+ & Allies

A camp where summer fun meets LGBTQ2SIA+ celebration. Join us for a week of camaraderie, self-expression, and adventure in a safe and inclusive environment. Filled with games, crafts and exciting out trips come connect and build community with LGBTQ2SIA+ leaders and teens.

Mon-Fri 12:00-4:00pm  
 Jul 8-12 44715 \$170

LOCATION: ESQ REC, FERNHILL ROOM

12 – 15 YEARS

### Urban Jungle

Get out and explore the Urban Jungle. Check out some of local haunts and dabble in some creative and stimulating activities. You'll visit some of the most entertaining attractions downtown Victoria has to offer and more in this week of affable afternoons. See some of the best the city has to offer, sign up now!

Mon-Fri 12:00-4:00pm  
 Jul 15-Jul 19 44716 \$170  
 Aug 12-Aug 16 44722 \$170

LOCATION: ESQ REC, FERNHILL ROOM

12 – 15 YEARS

### Art Studio

Calling all creatives! Artists required! Spend the week with our leaders exploring your inner artist through many different mediums – painting, sketching, sculpting, and more!

Mon-Fri 12:00-4:00pm  
 Jul 29-Aug 2 44718 \$170

LOCATION: ESQ REC, LOWER MULTIPURPOSE ROOM

12 – 15 YEARS

### Junior Lifeguard

Join our Junior Lifeguarding camp for a week of aquatic based fun! This week will centralize around prepping youth to take their first steps into the world of advanced aquatics. Junior lifeguards will learn lifesaving skills through games, scenarios, and drills to help prepare them for future courses like Bronze Medallion, WSI and First Aid.

**\*Pre-requisite: able to swim 50 meters and tread water for 1 minute.**

Mon-Fri 12:00-4:00pm  
 Aug 6-Aug 9 44718 \$170

LOCATION: ESQ REC, FERNHILL ROOM

12 – 15 YEARS

### The Edge Adventure

Live life on the edge! Try high ropes, orienteering and more in this intense week of adrenaline packed activity! Join us for half-days of awesome adventures in our beautiful backyard and beyond!

ONLINE registration closes on Saturdays before the start date at 1:00am. Please contact reception at 250-412-8500 if you would like to register after that time.

Mon-Fri 12:00-4:00pm  
 July 22 – 26  
 Mon-Fri 12:00-4:00pm  
 Aug 19-23 44721 \$170

LOCATION: ESQ REC, FERNHILL ROOM



12 – 15 YEARS

### Camp 4 Foodies

Calling all foodies! Spend the week in the kitchen whipping up awesome meals, snacks, and sweet treats. We will also head out to town to try all the tasty food Victoria has to offer!

Mon-Fri 12:00-4:00pm  
 Aug 26-30 44720 \$170

LOCATION: ESQ REC, FERNHILL ROOM

12 – 14 YEARS

### Soccertron Youth

Soccertron is the established leader in providing an organized, total soccer experience. Enthusiastic professionally trained coaches focus on motivating kids and developing strong fundamental skills. FUN is the most important part of soccer FUNDamentals.

#### Full Day Camp

Mon-Fri 9:00am-4:00pm  
 Jul 08-Jul 12 44496 \$250/5  
 Tue-Fri 9:00am-4:00pm  
 Aug 06-Aug 09 44498 \$200/4

#### Half Day Camp

Mon-Fri 9:00am-4:00pm  
 Jul 08-Jul 12 44497 \$150/5  
 Tue-Fri 9:00am-4:00pm  
 Aug 06-Aug 09 44499 \$120/4

LOCATION: ESQ REC, BULLEN FIELD

## NEW! POWHER PERFORMANCE CAMPS

PowHer Performance is a youth girls training program designed to help develop and retain female youth athletes ages 9-16yrs in sport. Coaches will mix standard training practices with fun games like tag, capture the flag, obstacle courses, hopscotch challenges and more! PowHer Performance female coaches provide a welcoming and nurturing environment while focusing on creating a sense of belonging and confidence in the athletes they work with. PowHer Training Academy camps will introduce girls to high performance training techniques.

### PowHer Training Academy: Intro to High Performance Training Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises, and games that will help them work on their training abilities! This week campers will get a sample of different activities that will focus on the basics of speed, agility, mobility, endurance, power and plyometrics. Campers will get to discover what activities and exercises they enjoy and what areas they might want to improve.

Mon-Fri 12:30-4:00pm  
 July 15-19 45037  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Training Academy: Speed and Agility Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their skipping, hopping, and jumping abilities! This week campers will learn how to use agility ladders, speed parachutes and speed tests to improve their speed throughout the week!

Mon-Fri 12:30-4:00pm  
 July 22-26 45045  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Training Academy: Mobility and Biomechanics Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their mobility! This week campers will be introduced to a variety of mobility movements which is essential to prevent injury and pain in sport.

Mon-Fri 12:30-4:00pm  
 Aug 12-16 45046  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Training Academy: Endurance Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their endurance abilities! This week campers will work on improving their overall endurance and how to implement exercises into their regular training routine.

Mon-Fri 12:30-4:00pm  
 Aug 19-23 45047  
 LOCATION: ESQ REC, BULLEN FIELD

### PowHer Training Academy: Power and Plyometrics Week

Join PowHer Performance this summer for a fun and active camp! Campers will have fun participating in a variety of exercises and games that will help them work on their power and plyometrics! This week campers will focus on power when jumping, running and throwing! Come design, stitch, make and create during our new Summer StitchLab Camp! No experience needed, just bring your own enthusiasm. Supplies and equipment provided.

This camp will be an inspiring, creative space to learn sewing and textile art. Starting with Needle-felting; then learning embroidery. Following with time devoted to learning basic sewing skills; then machine sewing skills continue, as you make zipper bags, tote bags or learn heat bond appliqué to embellish your creation. Create your own project! Taught by J. Scott of Stone Soup Studio.

Mon-Fri 12:30-4:00pm  
 Aug 26-30 45048  
 LOCATION: ESQ REC, BULLEN FIELD



Register early to avoid disappointment. View availability & register online: [esquimalt.ca/recreation](http://esquimalt.ca/recreation)



## Employment Opportunities

Want to make a difference in Esquimalt by working in Parks and Recreation? Join our team of passionate staff who enjoy the variety of work and ability to have an impact on their community. Check out the QR code to learn about the various full-time, part-time, and seasonal positions currently available.



### CONTACTS: Program Registration

Online: [esquimalt.ca/registration](http://esquimalt.ca/registration)  
In person: 527 Fraser St  
Ph: 250-412-8500  
  
5:30am-10:30pm  
7 days a wk

**Drop-in Schedules**  
[esquimalt.ca/schedules](http://esquimalt.ca/schedules)

**To book facility space**  
[esquimalt.ca/bookingrequest](http://esquimalt.ca/bookingrequest)  
or 250-412-8525

**To submit a Tree Cutting Permit**  
In person or download & save:  
[esquimalt.ca/trees](http://esquimalt.ca/trees)